

THE
Spa

Passionately Swiss.™



MÖVENPICK

Resort & Spa Karon Beach
Phuket

www.moevenpick-hotels.com

A relaxing moment  escape it all.



The Spa + its philosophy.

The Spa balances the traditions of East and West to create an indulgent and soul-soothing experience. Its exotic ambiance frees the mind and body from the constraints of time as the eternal present becomes a world of unspoiled sensuality.

The intimacy of the serene “salas” and charming villas reflects the beauty of the local architecture, exuding a gentle touch of pampering perfection. The oversized outdoor bathing pools, as well as the suites, are designed for couples to unwind and relax, underlining the philosophy of The Spa to rejuvenate and celebrate the special occasions of its guests. Among the seven treatment salas, three are for couples and four for individuals.

When this feeling of complete fulfillment is combined with the finest of products, it could become intolerable to think of having these pleasures end, but the tender fingerprint of this holistic and peaceful hideaway will surely remain an abiding memory.

Contact number: +66 76 396 139



Body + mind therapies.

Aromatic Massage, 60/90 minutes

This treatment uses essential oils to balance and calm the body and mind while their powerful effects are also known deterrents to muscular and rheumatic pains and digestive disorders.

Ayurvedic Massage, 60 minutes

Ayurvedic Massage helps to increase circulation and energy levels while alleviating muscle tension.

Hawaiian Lomi Lomi Massage, 60/90 minutes

“Lomi Lomi Massage” uses strokes to work deeply into the muscles, stretching muscle fibers and releasing tension by generating increased blood flow and thus improved circulation.

Head, Back and Shoulder Massage, 60 minutes

This time-tested therapy provides instant relief as it increases circulation, and is the ideal treatment for computer users, athletes or anyone who subjects their hands to repeated or stressful motions.

Oriental Foot Massage, 60 minutes

This soothing massage uses only the fingertips to apply pressure to reflex points on the feet, releasing blocked energy, relaxing and revitalising the entire body, and increasing the natural flow of energy.

Sabai Stone Therapy, 90 minutes

“Sabai” is a Thai expression for well-being. Exhale and relax as your therapist administers an advanced tri-phase stone massage treatment and fatigue and pain are gently banished, resulting in a state of blissful relaxation.



Revitalising + detoxifying massages.

Swedish Massage, 60/90 minutes

This traditional massage employs a variety of techniques specifically designed to stimulate the nerves, muscles, glands and circulation, while promoting overall health and a sense of wellbeing.

Thai-Herbal Heat Rejuvenation, 90 minutes

Traditionally, a hot pack was administered to soldiers returning home with aches and bruises. Invigorating peppermint and mandarin oils open the pores, bringing deep medicinal heat to the muscles and revitalising the body.

Traditional Thai Massage, 90 minutes

This traditional massage uses the therapist's hands, elbows and feet on pressure points to elongate muscles and release deep-seated tension. The techniques used help the body to detoxify and rebalance.

Scrubs + polishes.

Dead Sea Salt Glow Scrub, 60 minutes

Natural sea salt, distilled from the Dead Sea, helps combat stress and fluid retention, slow skin aging, calm the nervous system, increase circulation, and balance moisture for radiant skin.

Ginger and Rice Body Scrub, 60 minutes

A fabulous Thai formula to stimulate, purify and revitalise the skin with rice and honey, this exotic and natural defoliant softens and cleans the skin and is suitable for all skin types.

Oriental Body Glow Scrub Skin, 60 minutes

This is the ultimate beautifying body glow, with natural honey and black sesame to gently exfoliate, smooth away dryness, and soften.



Soft + smooth skin.

Siamese Herbal Scrub Skin, 60 minutes

The traditional moisturising Thai recipe blended to cleanse and rejuvenate the skin with a honey herbal mix and milk to soften and smooth.

Tamarind Body Scrub, 60 minutes

A natural deep-cleansing and anti-aging treatment using a blend of tamarind fruit to exfoliate and smooth the skin, leaving it beautifully toned.

The best wraps + masks.

Anti-Aging Green Tea Splash Body Wrap, 60 minutes

Green tea cleanses and rejuvenates the skin with its antioxidant properties.

Purifying Red Wine Body Wrap, 60 minutes

The lactic acid in red wine is an ideal skin softener and helps hold water within the skin.

Revitalising Coconut Butter Body Mask, 60 minutes

Coconut oil is rich in Vitamin E and other anti-oxidants and revitalises the skin, leaving you feeling soft and smooth.

Skin Soothing Sun-Lover Wrap, 60 minutes

This soothing wrap, using water lily, green tea and chamomile, provides relief from sun damage and alleviates burning and stinging sensations.



Qi Shiseido Pevonia skin therapy.

Shiseido Qi Balancing Combination Skin Treatment, 60 minutes

Helps enhance the skin's natural functions, resulting in a bright, supple and resilient appearance.

Shiseido Qi Extra Moisturising Treatment, 60 minutes

Helps enhance circulation and keeps the skin firm, supple and resilient.

Shiseido Qi Sensitive Skin Treatment, 60 minutes

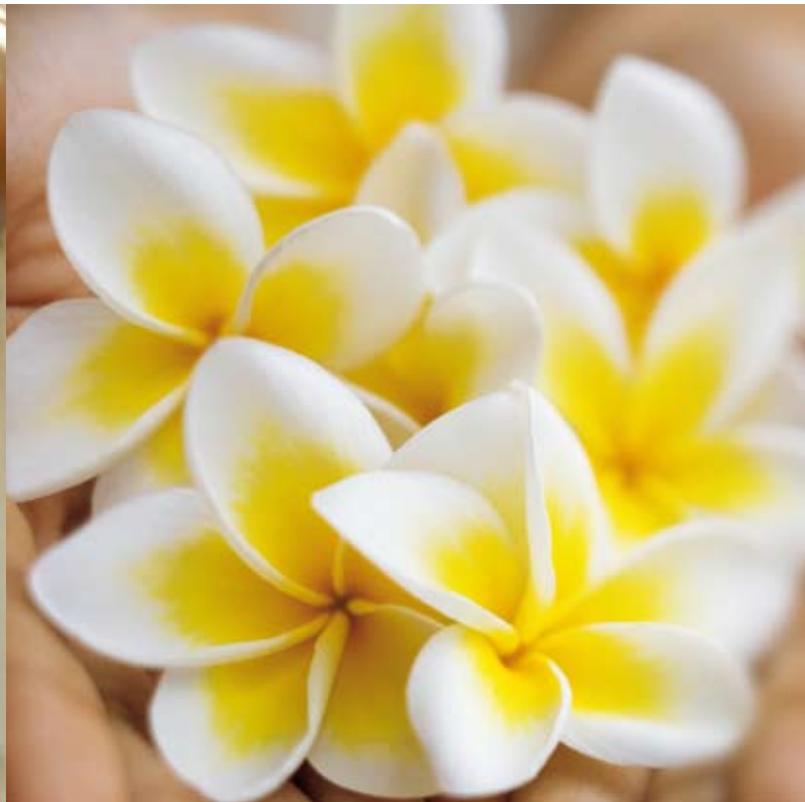
Improves and balances the pH level of the skin, alleviates skin fatigue, and protects against oxidation.

Special Shiseido Qi Rejuvenating Treatment, 60 minutes

Get a radiant, luminous complexion by using a special cleansing facial mask combined with seaweed extract to revitalise the skin.

Pevonia Special Facial Treatment for Him, 60 minutes

Purifying and refreshing caviar, seaweed and squalane oil are combined into one treatment that addresses the overall condition of the skin by replenishing collagen and improving elasticity.



Packages for you + him.

Romantic Harmony, for couples, 2 hours 30 minutes

Embrace serenity together in this spa delight that will melt away tension, and leave you both cocooned in relaxation and reminded of how truly sacred it is to spend some quiet time together.

The Spa Wellbeing, for couples, 3 hours

Enlighten your soul and restore the equilibrium within you as you benefit from ingredients designed to infuse your skin with vitamins and minerals.

The Spa Signature Ritual, 2 hours 30 minutes

Our Signature Ritual focuses on “Mövenpick Coffee” to enhance the natural healing processes of the skin. A unique combination of coconut oil body treatments will prepare the skin before going into the sun so that it will attain a golden tan.

The Spa Royal Thai Experience, 2 hours

Discover a traditional massage using Thai herbs to invigorate and stimulate, helping to balance, heal, and re-energise.

The Spa Relaxing, 2 hours

Experience the nourishing benefits of a scrub with a healing massage to release blockages.

The Spa Refreshing, 3 hours

Experience the nourishing benefits of a scrub with a healing massage to release blockages (includes a Qi Shiseido facial).

The Spa Detoxifying Anti-cellulite, 2 hours

The sliming and toning wrap stimulates your body to break down fat, increase metabolism, reduce water retention, and improve your skin's tone for a silkier counter.



The Spa + a 3-day journey.

The Spa 3-Day Journeys, 6 hrs

Day 1 - A choice of Body Wrap
- Tension Relief Massage

Day 2 - Thai-Herbal Heat Rejuvenation
- Oriental Foot Massage

Day 3 - A choice of 60-minute Massage Therapies

Qi Shiseido Facial (a choice of Sensitive, Extra Moisturiser or Combination Skin)

Beautiful hands + feet.

- Express Manicure, 30 minutes
- Manicure, 45 minutes
- Express Pedicure, 30 minutes
- Pedicure, 60 minutes
- Express Manicure and Pedicure Package, 60 minutes
- Manicure and Pedicure Package, 1 hour 45 minutes
- Arm Wax
- Back Waxing
- Bikini Wax
- Brazilian Wax
- Half Leg Wax
- Full Leg Wax
- Underarm Wax





Mövenpick Resort & Spa Karon Beach Phuket
509 Patak Road, Karon Beach, Phuket 83100, Thailand
Phone +66 76 396139, Fax +66 76 396122
resort.phuket@moevenpick.com, www.moevenpick-phuket.com