Elemis Nurturing Massage for Mother-to-be
90 min AED 320
Combines tried and tested safe pregnancy massage techniques adapted to each stage of pregnancy. Specialised positioning on the unique Elemis Beanbag, is used to ensure the ultimate in comfort and relaxation, relieving tension in the back and alleviating swelling in the hands and feet.

Exotic Lime & Ginger Salt Glow
30 min AED 290
An exotic exfoliation ritual to invigorate and revitalize the body. Elemis Exotic Lime and Ginger Salt Glow deep cleanses, polishes and softens to perfection, while Exotic Island Flower Body Lotion leaves the skin glowing and vibrant, replenished and flawless.

Deeply relaxed massages

European Massage
30 min AED 299 - 60 min AED 499 - 90 min AED 660
A Swedish massage with medium to firm pressure using aromatic oils (Rose and Orange), this treatment is excellent for relaxation.

Balinese Massage
60 min AED 360
This massage originated in Bali, Indonesia, with gentle and relaxing movements, using thumb stroke, drumming movement and skin rolling.

Safar indulgence

Express Treatment
30 min AED 299
Express treatments (30 minutes each). Choose between back massage, scalp massage, foot massage, or a mini facial.

Reflexology
60 min AED 360
Focuses on the sole of the foot, by using pressure points, and is excellent for well being and detoxification.

Aroma Stone Massage
75 min AED 599
This treatment excites every sense and provides a unique aromatic journey for the soul through healing power of the stones, which harmonize the spirit by promoting inner peace and releasing muscle tension.
Elemis Expertise

Developed by a specialised team, with extensive clinical and scientific studies, Elemis professional spa-therapies are world renowned for their powerful massage sequences combined with the most dynamic activities, available in the world today.

Escape from the pressures of daily life and make time for you.

Safar Spa has six separate treatment rooms for men and women and is open every day from 11.00 am to 10.00 pm.

Elemis Treatments

**Elemis Herbal Lavender Repair**  
60 min AED 355  
For perfect restoration of skin balance, this facial helps to heal and repair oily and congested skin. Deeply cleansing to draw out skin impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts.

**Elemis Visible Brilliance Facial**  
75 min AED 565  
To combat ageing, stressed and slackened skin. Independently tested with revolutionary results, this Anti-Ageing facial instantly firms, rejuvenates and plumps up the skin, whilst reducing dark circles from around the eye contour. Moisturisation levels of the skin are proven to increase by up to 61% and elasticity by 40% after just 1 treatment.

**Elemis Pro Collagen Quartz Lift Facial**  
75 min AED 610  
See a younger, Firmer Future. Instantly. This advanced anti-ageing facial is clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57%, after just one treatment. The power of Padina Pavonica is accelerated by the electrical energy of precious minerals Quartz, Toumaline, Rhodochrosite and Malachite to re-energise cell communication, whilst Laminaria Digitata and Red Coral optimizes cellular respiration and regeneration for a firm, uplifted, more youthful looking appearance.

**Elemis Tri-Enzymes Resurfacing Facial**  
60 min AED 600  
Using advanced resurfacing techniques, micro-encapsulated Tri-Enzyme technology safely and effectively resurfaces the skin leaving it incredibly clean, smooth and clarified. Radiance is restored as the appearance of fine lines and wrinkles, uneven skin tone, acne and superficial scarring is reduced.

**Elemis Oxygen SkinCalm Facial**  
75 mins AED 460  
This face and eye treatment is pure soothing heaven heaven for sensitive skins. Gentle massage techniques combined with calming actives and a restricting Japanese Silk Mask help to rebalance delicate, fragile and sensitive skins. Reduces redness and offers immediate comfort to stressed skin.

**Elemis Modern Skin Facial**  
60 min AED 460  
Designed for challenging skin that is reacting to the stress of modern living. Bursting with anti-oxidant rich minerals and vitamins, this purifying treatment helps remove damaging toxins, regenerate skin cells and rebalance sebum. The results; a clearer, radiant and more balanced skin.

**Elemis Skin IQ+Facial – Men**  
75 min AED 550  
Anti-Ageing booster for tired, stressed skin. Charged with the clinically proven, anti-ageing Time Defense Wrinkle Delay and Time Defense Eye Reviver, this treatment is tailored to meet the needs of a hectic lifestyle and to combat the harsh, ageing effects of frequent shaving, environmental pollution and constant travel, giving men the ultimate skin overhaul with maximum anti-ageing results.

**Elemis Absolute Spa Ritual**  
120 min AED 760  
From the soles of the feet to the crown of the head, this is the ultimate skin therapy. Choose from one of the unique Elemis Advanced Anti-Ageing or Advanced Performance Facials and combine it with the powerful effects of theElemis Deep Tissue Muscle Massage. For dramatic results instantly!

**Elemis Deep Tissue Muscle Massage**  
60 min AED 360  
Submit your body to a vigorous workout of deep rhythmic pressure massage. Focused on relieving specific stress and muscle tension, this powerful, customized massage, uses dynamic blends of essential oils to suit individual needs.

**Elemis Aroma Spa Ocean Wrap**  
75 min AED 600  
Seaweed wrap treatments detoxify and deep cleanse the body inside and out. Let your thoughts drift away, whilst you are cocooned in a comforting foil wrap and treated to a pressure point facial massage and de-stress scalp treatment.