

MASSAGE

At the Mövenpick Hotel

Holistic Massage

Our most popular treatment designed to promote relaxation, improve circulation, relieve muscle tension and reduce stress. This type of bodywork can be experienced in a lighter or stronger style depending on the individual's preference. It's a very effective treatment for a jet lag.

Reflexology

This foot massage is a skilful manipulation on specific pressure points on the feet to improve circulation in the body, reduce stress, ease pain and release blockages. Reflexology can be extremely relaxing!

Deep Tissue Massage / Swedish Massage

These western techniques use pressure and slow strokes that run along the muscles and is concentrated on certain areas for maximum benefits according to specific needs or requests.

Lymphatic Drainage (body and face)

It eliminates excessive liquids and toxins from the tissues, using light strokes through the lymphatic system. It is a wonderful solution for a swelling or a sensation of heaviness in the body or lack of energy.

Any of the above massages cost **€ 85 per hour**.



Please note:

- All massages are € 85 per hour based on availability.
- There is a surcharge of 100% from 10 pm till 9 am and with Christmas and New Years Eve
- If you need to cancel or change your appointment, please do so at least 2 hours in advance. Late cancellations will be charged 100%.

To make a reservation, please contact the reception.