



Time Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08:30 - 09:00	Resort Kids Jogging (3-12 Yrs) Please wear sport shoes	Drawing/coloring (All age and parents)	OLYMPIC Game (All age and parents) Please wear sport shoes	Drawing/coloring (All age and parents)	Kids Basic Muay Thai (5-12 Yrs) (All age and parents)	Drawing/Coloring (All age and parents)	Morning Exercise (3-12 Yrs) Please wear sport shoes
09:15 - 10:00	Animal Headband (3-12 Yrs)	Paper Hat Making (3-12 Yrs)	Fancy Mask Design (3-12 Yrs)	Paper Hat Making (3-12 Yrs)	Prince/Princess Crown (3-12 Yrs)	Paper Rolling bead (All age and parents) (5-12 Yrs)	Paper Ball Design (All age and parents) (5-12 Yrs)
10:00 - 10:30	Animal Face paint (3-12 Yrs)	Nature Face paint (3-12 Yrs)	Fancy Face painting (3-12 Yrs)	Nature Face paint (3-12 Yrs)	Fancy Face painting (3-12 Yrs)	Paper necklace making (3-12 Yrs)	Paper Mobile (All age and parents) (5-12 Yrs)
10:30 - 11:00	Origami (4-12 Yrs)	10:30 - 12:00	Origami (4-12 Yrs)	10:30 - 12:00	Thai Dancing (3-12 Yrs)	Origami (4-12 Yrs)	Paper Butterfly (3-12 Yrs)
11:00 - 11:30	Drawing/Coloring Little Birds Club Signature	Resort Adventure Fish feeding at fish pond Eco Trail @ Drawing Competition family for fun	Free style play (All age and parents)	Resort Adventure Fish feeding at fish pond Eco Trail @ Drawing Competition family for fun	Drawing/Coloring (All age and parents)	Free style play (All age and parents)	Drawing/Coloring Little Birds Club Signature
11:30 - 12:00	BOARD GAME (All age and parents)		BOARD GAME (All age and parents)		BOARD GAME (All age and parents)	BOARD GAME (All age and parents)	BOARD GAME (All age and parents)
12:00 - 13:30	LUNCH TIME / CARTOON CHANNEL						
13:30 - 15:30	Bag/Flower Pot painting THB 300 ++ (4-12 Yrs)	Fan/Umbrella Painting THB 300++/400++ (4-12 Yrs)	T-shirt/Handkerchief Batik THB 300 ++ (4-12 Yrs)	Tie-dye T-shirt THB 300 ++ (4-12 Yrs)	Candle making THB 300 ++ (4-12 Yrs)	Frame/Clay Painting THB 300 ++ (4-12 Yrs)	Soap painting THB 300 ++ (4-12 Yrs)
15:30 - 16:00	Arts & Crafts (3-12 Yrs)	Fun Game (All age and parents)	Playground Time (All age and parents)	Basket Game (All age and parents)	THAI Racing Game (All age and parents)	RIMBO ROCK (All age and parents)	Fancy Hand/Face Paint (3-12 Yrs)
16:00 - 17:00	PS4 Games (4-12 Yrs)	PS4 Games (4-12 Yrs)	PS4 Games (4-12 Yrs)	PS4 Games (4-12 Yrs)	PS4 Games (4-12 Yrs)	PS4 Games (4-12 Yrs)	PS4 Games (4-12 Yrs)
17:00 - 17:30	Card Making Decorate	Recycled Arts & Crafts	Prince/Princess Crown Design	THAI CULTURE (5-12 Yrs)	Nature Arts & Crafts	Paper Fan Arts & Crafts	Fancy Headband
17:30 - 18:00	DRAWING /COLORING /CARTOON CHANNEL						

Operation Hours:
08:00 am - 06:00 pm

- Children under 4 years of age must be accompanied by hotel babysitter at all time (THB 250++/hour/Child)
- Baby - Sitting service are required one day reservation in advance
- Activities with indicated prices are chargeable and subject to 17.7% of service charge and applicable tax.
- For more information, please contact our Little Birds Club team at Ext #646



Activities Programme

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Rainy day
09.00 - 10.00	Pilates** THB 300++	Morning Stretching*	Tai - Chi*	Yoga** THB 300++	Morning Stretching*	Yoga** THB 300++	Tai-Chi*	Body Stretching
10.00 - 10.45	Towel Folding	Glass Painting THB 200++	Aquarobic	Towel Folding	Aquarobic	Glass Painting THB 200++	Towel Folding	Tai-Chi
11.00 - 11.45	Water Polo	Water Polo	Water Polo	Water Polo	Water Polo	Water Polo	Water Polo	Football Table game
13.00 - 14.00	Water ball THB 200++	Water ball THB 200++	Water ball THB 200++	Water ball THB 200++	Water ball THB 200++	Water ball THB 200++	Water ball THB 200++	Pool Tournament
14.00 - 15.00	Henna Tattoo THB 400/200++ Adult/Kids	Thai Boxing** THB 600/300++ Adult/Kids	Henna Tattoo THB 400/200++ Adult/Kids	Thai Boxing** THB 600/300++ Adult/Kids	Henna Tattoo THB 400/200++ Adult/Kids	Thai Boxing** THB 600/300++ Adult/Kids	Water ball THB 200++	Ping Pong Tournament
15.00 - 16.00	Petanque	Football	Football	Petanque	Football	Petanque	Football	Buddy weight

OPERATION HOURS:

- Main Pool 07:00 am - 07:00 pm
- Fitness Center 06:00 am - 10:00 pm
- Pool Hut & Activity Counter 07:00 am - 07:00 pm (Call 648)
- Indoor Game Area 09:00 am - 07:00 pm

REMARKS:

- Activities marked with "*" are required to book one day in advance.
- Activities marked with "**" are chargeable and required to book one day in advance.
- *FREE Scuba session in Saeng Chan Pool 10:00 am - 04:00 pm.

Rainy Day Activities

Pool Tournament & Table Ball Game take place at Saeng Chan Building
Ping Pong Tournament, Darts Game, Pro-short Game
take place at Indoor Game Area