



SUN SPA

By Institut Esthederm, Paris



Indulge in complete relaxation while you celebrate summer. Whether you're looking to recharge, unwind or spend quality time with the people you love, we look forward to helping you put your mind at rest for a blissful experience.

Our sun care products and treatments focus on sun protection, hydration and cell regeneration. Designed to help the skin to gradually adapt to the sun and protect itself allowing you to unwind in the pristine beaches and crystal clear tropical waters of the Maldives.

At Sun Spa, we believe that a healthy body needs a healthy mind to refresh your spirit and our treatments allow you to enjoy exactly that.

Sun Spa Etiquette

Arrival Time

Please arrive at the Spa Reception 20-minutes prior to your scheduled appointment. Arriving late will reduce the treatment time.

Cancellation Policy

Treatment room and therapist are especially reserved for you, therefore if you cancel your appointment less than 4-hours before appointment time, a cancellation fee of 50% of the reserved treatment price will incur. Full charge will apply for last minute cancellation and no-show.

Payment Method

The Spa only accepts payment through room charge. Payment with cash or credit card will not be acceptable.

Refund Policy

Spa treatments are non-refundable, non-transferable and non-exchangeable unless otherwise stated.

Spa Protocol

To keep the ambience and respect other guests at the Spa, kindly turn mobile phones and other electronic devices to silent mode and any noise to be kept to a minimum. Younger guest under 16 years old should be attended by legal guardian who are requested to assist in keeping the serenity. Spa is a non-smoking area and no alcohol beverage is allowed at the Spa.

Kids' Spa

Spa treatments are available for younger guests from 6 -14 years of age.

Health Conditions

Before taking any Spa treatments, please consult with your health practitioner if you have any medical conditions which maybe contra-indicative to our treatments. Guests are required to fill in a Consultation Form before treatment to assist in providing more information to enable guest in obtaining maximum benefit of their treatment.

Contact Lenses

It is recommended to remove the contact lenses for a facial treatment. Kindly bring your own contact lenses case and solution.

Jewelry and Valuables

It is not recommended to wear jewelry during your Spa treatment. Jewelry and valuables can be kept in the jewelry box available in the treatment room during treatment. The Management does not accept responsibility for the loss of any jewelry and/or valuables brought into the Spa.

Accidents and Injuries

The Spa, its staff, management, affiliations and owning company will not be liable for any injury or damage suffered at the Spa by an individual guest and/or guest's family members.



Sun Spa signatures – Sun Therapy by Esthederm

Exclusively by Institut Esthederm Paris, the Sun Therapy provides a series of sublime pre- and post-therapies for a beautifully intense tan that lasts for a long time.

Pre-Sun ritual

Sun-Expose

90 minutes - 130

A must-have therapy in preparation to sun exposure that begins with a gentle exfoliation and a moisturizer to protect your skin from aging and dehydration.

Bronz-Impulse

90 minutes - 130

Unique therapy to gently adapt your skin to sun exposure, resulting in a more intense tan.

Instant -Sublimation

90 minutes - 130

The high-nutrition tanning activator therapy triggers and accelerates the natural tanning mechanism. Limited exposure of 20 minutes.

Post-Sun ritual

Detox & Hydrate

90 minutes - 160

Hydrating and detoxifying treatment to smoothen and protect the skin from after-sun exposure.

Lasting Impression

90 minutes - 160

This is an ideal treatment for a radiant and long-lasting tan. Add gentle exfoliation to help revive the colour and brightness of your tan.

Soothe & Rescue

90 minutes - 125

A special sunburn ultra-hydrating treatment that immediately soothes and repairs overexposed skin.

Sun Spa – Healing Paradise

Harnessing the benefits of healing elements from mother earth for holistic therapies to soothe the mind, invigorate the body and uplift the spirit!

Healing Body Glow

45 minutes - 95

A gentle exfoliation to hydrate and replenish the skin with the following choices:

Hydrating Kalahari Melon

Detoxing Mongongo Nut

Anti-Cellulite Coffee, Cinnamon and Orange

Healing Body Wrap

60 minutes - 110

Specifically formulated to counteract premature aging and sun-damage with wrinkle-smoothing effect; it is enriched with a nourishing clay mask.



Sun Spa signatures – Massage Selections

'The Art of Touch' – one of the oldest and simplest forms of communication, massage has evolved into a respected form of healing. Experience tranquility and regeneration as thousands of touch receptors awaken, unravelling and providing nurturing sensations throughout your tense body.

Island Symphony

60 minutes - 180
90 minutes - 230

Inspired by the gentle waves that ceaselessly captivate the imagination, our Island Symphony was created. Two spa artisans will perform gracefully choreographed movements in perfect synchronization. This signature massage lulls you into a deep state of relaxation through rhythmic technique and precision to engage all of your senses and mesmerize you holistically.

Age-Defying

60 minutes – 145
90 minutes – 195

Nourish, replenish and stop the first signs of aging with Pinotage anti-oxidant massage oil that contains resveratrol from grapeseed extracts. This vitamin-rich infusion is also beneficial in brightening the complexion, softening the skin and repairing skin cells. It deeply hydrates to reveal a youthful glow.

Sea of Serenity

60 minutes – 120
90 minutes – 170

Surrender yourself into relaxation and tranquility with our treatment that incorporates movements replicating soothing waves. Inhale deeply.

Thai Massage

60 minutes – 130
90 minutes – 180

An ancient massage technique handed down through generations for centuries. Pressure techniques along the body's energy lines are combined with muscle stretching to alleviate tension and stiffness, leaving you refreshed and rejuvenated.

Aromatherapy

60 minutes – 120
90 minutes – 170

A calming massage to ease tension, alleviate stress and lull you into an aromatic repose.

Deep Tissue

60 minutes – 130
90 minutes – 180

This massage is designed for maximum therapeutic results using moderate to deep pressure to treat specific muscle groups. The technique helps release muscle spasms and tension and mitigates repetitive stress syndrome.

Cleanse & Detox

60 minutes – 120
90 minutes – 170

Uses lymphatic drainage technique to facilitate the detoxifying process and reduce water retention.



At Sun Down

Sun Spa introduces sleep-inducing therapies which are available from sunset until the spa closes. Treatment range from gentle massages and calming mini-facials that incorporate neck, shoulder and head massage to lull you into a deep state of relaxation and evening repose. Calming and sleep-inducing essential oils such as Chamomile, Neroli, Marjoram and Vetiver are used to enhance the benefits.

Shimmering Candles

60 minutes - 165

A unique therapy using a specially formulated candle that melts into a fragranced massage elixir of Lavender, Mandarin and Shea Butter which is lightly poured on your body. The essences are smoothed onto the skin, leaving it glowing, nourished and hydrated.

Breathe Easy

30 minutes - 65

A scalp and facial massage that helps clear the sinuses and eases headaches with refreshing eucalyptus, rosemary and bergamot essential oils.

Sleep Deeply

60 minutes - 120

This head-to-toe massage uses carefully applied pressure to induce a serious state of relaxation, leaving you prepared for a sound night's sleep.

Sun Spa – Facial Selections

In a culture where facial beauty is highly regarded, it is not surprising that our skin reveals an accurate description of our body's deeper level of well-being. Allow our Sun Spa artisan to assess and personalize a vitamin-infused and anti-oxidant-filled beauty ritual for you.

Bronz Repair Anti-Wrinkle by Esthederm

60 minutes - 155

This programme is ideal for tanning while protecting sun-exposed areas such as the face and décolleté, which are highly vulnerable to photo aging (loss of firmness and elasticity, more frequent sunburn, rapid formation of pigmentation spots). It will act like a solar vaccine that helps trigger and promote natural and fast tanning as well as strengthens the skin's defences. Enjoy the benefits of the sun, wrinkle-free!

Adaptasun Sensitive by Esthederm

60 minutes - 135

Designed for fair-sensitive skin that burns easily, this programme is ideal for tanning without burning in the most extreme sun conditions. Provides perfect comfort during exposure.

Photo-Reverse by Esthederm

60 minutes - 180

This programme includes the first ultra-high protective anti-spot sunscreen that uses the sun to help reverse the skin pigmentation process. This advance photo-therapy inhibits the mediators of pigmentation, so people with dark spots and hyper-pigmented skin can spend time in the sun while gradually lightening their skin.

Reviving Facial for Men

90 minutes - 165

Specifically designed for men, it has nourishing ingredients to revive and restore the skin, rendering a clean, refreshed and healthy complexion.



Anti-Aging Facial

90 minutes - 195

A revolutionary treatment using the latest in natural anti-ageing technology. The skin is firmed and rejuvenated using a unique tri-enzyme peptide formulation that deeply penetrates the epidermis without affecting its barrier function, visibly improving the signs of ageing. We use two specialized serums for healthy ageing - one for massage and the other to penetrate deeply into the epidermis to boost skin immunity from within.

Hydrating Facial

60 minutes - 145

Traditional techniques are used to renew and refresh even the most lifeless skin. Powerful and active indigenous ingredients jasmine and baobab are designed to invigorate dull and dehydrated skin, leaving you feeling nourished, replenished and radiant. This facial includes deep cleansing, exfoliation, a mask as well as a booster for lymphatic drainage and healthy ageing. Application of a specialized serum as well as a day cream and SPF or night cream completes the treatment.

Purifying Facial

60 minutes - 145

Deeply rooted in ancient healing techniques, this treatment restores, purifies and revitalizes the skin with the help of hot and cold crystals in conjunction with neroli and rose. This highly active facial helps regulate oil secretion and encourage healing.

Radiance Glow

60 minutes - 145

A unique Healing Earth aromatherapy formulation to relax, purify and hydrate. Pure extracts of marula and neroli are combined with a 100% rosehip booster and trademark facial massage to create ultimate radiance and glow.

Sun Spa – Body Therapy Selections

A delightful selection of body therapies by Institut Esthederm that delivers unparalleled results to nourish, hydrate and rejuvenate the body.

Radiant Body Scrub by Esthederm

45 minutes - 95

A deep-cleansing and nourishing body treatment that removes impurities. It starts with a pleasant full-body exfoliation as white tea is melted into soft microparticles in gel texture to guarantee a deeply calmed and detoxified result. Then, a rich palm and coconut oil balm is applied to leave your skin feeling soft as silk.

White Clay Detoxifying Wrap

60 minutes - 110

Rich minerals and trace elements are used to re-mineralize the body, rejuvenate the skin and remove toxins. This treatment will re-energize your body, calm your mind and leave your skin soft and smooth.

Body Svelte by Esthederm

75 minutes - 145

A body re-sculpting treatment that targets the causes of cellulite and provides rapid action as it works deep within the fat cells. The treatment includes local-manual anti-cellulite manoeuvres that help redefine the body contour. Products applied prevent fat re-storage, soothe orange peel and promote elimination of fat and water. They also reinforce the skin's vital functions and its cellular activity, thereby helping unveil a more slender figure with firmer and more elastic skin. Recommended to complement a weight management programme.

Prices are quoted in USD and subject to 10% service charge and 12% government charge
20% surcharge will apply for In-Villa Spa treatments
Mövenpick Resort Kuredivaru Maldives



Kids' spa

Special treats for the little ones, just like what moms and dads get!

Gentle glow

30 minutes - 55

A refreshing gentle scrub to energize the body and nourish the skin.

Balancing facial

60 minutes - 75

This gentle facial is enriched with neroli essence to balance oil secretion and infuse the skin with fabulous soothing and hydrating benefits.

Soft & tender

60 minutes - 100

Gentle massage that is suitable for kids, providing a positive experience that is both nurturing and anxiety-reducing. Other health benefits include stimulating motor and cognitive development and improving the body's immune system.

Sun sparkles

A collection of nail treatments as final touch-ups at the end of your spa journey.

The Nail Bar

Spa Manicure
Spa Pedicure
French Polish
Nail Art

60 minutes - 75
60 minutes - 75
60 minutes - 75
90 minutes - 100

Sun Synergy

Our sun synergy packages are uniquely designed to spoil you with delightful combinations of our most sought-after treatments. Indulge yourself in this sublime experience!

Too Much Fun in the Sun by Esthederm

270 minutes - 400

A delightful sun-butler service for your sun care, it is a mix of pre- and post-ritual with pool service in between for product reapplication to give you a long-lasting tropical glow!

Body Makeover

90 minutes – 190

Your first step to achieving your ideal figure, it seamlessly blends detoxifying and body re-modelling therapies to eliminate toxins, reduce cellulite appearance and break down fat cells for a lighter, slimmer you.

Pinotage Body Indulgence

120 minutes - 220

The ultimate therapy for body anti-aging with vitamin and anti-oxidant infusion to boost skin cell renewal and promote a youthful appearance.



Men's Cave

150 minutes - 250

Specifically designed for men with energizing deep-tissue massage and men's facial.

The Island Hideaway

210 minutes - 355

An unparalleled spa journey that begins with gentle body exfoliation, a synchronized massage and hydrating facial.

Made to Measure

Customized (Bespoke Package – upon consultation)

Speak to our Sun Concierge, tell us what you want, and we will customize a package for you. We fulfil your wish and go the extra mile to ensure an unforgettable experience at Sun Spa!