

Outdoor Animation Program



Mövenpick Resort & Spa Tala Bay Aqaba
P.O.Box: 2425, Aqaba 77110, Jordan
Phone +962 3 209 03 00, Fax +962 3 209 03 01
Reservation Call Centre Phone: +962 3 203 50 50
Toll Free: 0800 220 49
resort.aqaba.talabay@movenpick.com
www.movenpick.com

Monday's program

09.30 am Stretching
10.30 am Bocce Ball
12.00 pm Water Polo
03.00 pm Beach Tennis Football
04.00 pm Beach Badminton
05.00 pm Basketball

Tuesday's program

09.30 am Steps Aerobics
10.30 am Beach Ball
12.00 pm Aqua Aerobics
03.00 pm Water Polo
04.00 pm Bocce Ball
05.00 pm Beach Badminton

Wednesday's program

09.30 am Bottom and Abdominals
10.30 am Pin Pong
12.00 pm Water Polo
03.00 pm Beach Badminton
04.00 pm Beach Tennis Football
05.00 pm Basketball

Thursday's program

09.30 am Stretching
10.30 am Beach Ball
12.00 pm Aqua Aerobics
03.00 pm Water Polo
04.00 pm Basketball
05.00 pm Beach Volleyball

Friday's program

09.30 am Zumba or Aerobics
10.30 am Beach Badminton
12.00 pm Pool Games
03.00 pm water Polo
04.00 pm Beach Volleyball
05.00 pm Beach Soccer

Saturday's program

09.30 am Steps Aerobics
10.30 am Ping Pong
12.00 pm Water Polo
03.00 pm Beach Badminton
04.00 pm Basketball
05.00 pm Beach Volleyball

Sunday's program

09.00 am Stretching or Yoga
10.00 am Ping Pong
12.00 pm Aqua Aerobics
03.00 pm Water Polo
04.00 pm Bocce Ball
05.00 pm Beach Tennis Football

For more details, please contact Main Towel Counter at 1162.