

GO HEALTHY

Are you ready to Go Healthy?

As the world becomes more conscious about health and the environment, making the right choices has become a priority for most. In response, we've combined all that's good about going green; healthy and sustainable in one delectable menu that offers you not just tasty and nutritious options, they help save the environment too. Choose from a tempting selection of world-class dishes prepared by our chefs.

Salad

Beauty Express – 7.000

Spinach, carrots, green apple
(76 calories – 0 cholesterol)

Prawn & Kachumber Salad – 14.000

Dressed with honey yoghurt, vegetable oil, carrot, beetroot, green pepper, red pepper, onion coriander leaves, mint, lime
(240 calories – 15 cholesterol)

Soup

Glass Noodle Soup – 5.500

White noodles, cooked in vegetable stock with Chinese mushroom, garlic, spring onion, fresh coriander, seasoned with sugar and soy sauce
(76 calories – 0 cholesterol)

Pea Soup with Truffle Foam – 6.000

Onion, olive oil, truffle oil, milk, cooked in chicken stock and light cream
(488 calories – 12 cholesterol)

Main Course

Poached Chicken Breast in Lemon and Thyme – 15.000

With green beans, cherry tomato, artichokes, lemon, olives and garlic
(403 calories – 98 cholesterol)

Lobster with Green Apple and Avocado – 35.000

Cooked wasabi paste, tabasco, red chili, coriander leaves, dried tomato
(293 calories – 168 cholesterol)

Pepper Crusted Tuna Steak – 26.000

Cooked with shallots, green pepper corn, spinach
(385 calories – 30 cholesterol)

Dessert

Aromatic Rice Pudding – 6.000

Rice with almond, cardamom, pistachio and orange cooked with milk
(333 calories – 4.5 cholesterol) /

Wild Mango Sorbet – 8.000

With fresh seasonal fruits
(579 calories – 40 cholesterol)